

Combination Shooting Drill



1. Create two fairly small triangles about 15 yards from each other and approximately 5 yards outside the penalty box. You can adjust the distance from the goal based on the age and skill level of your players.
2. Place a player on each cone with the remaining players lined up outside of the triangle area.
3. You will only need a large supplies of balls per triangle.

Instructions

COMBINATION SERIES 1

1. Player 1 starts the first series by passing to player 2.
2. Player 2 passes to player 3.
3. Player 3 lays a ball into space near the top of the penalty box where player 1 can hit a first time shot on goal.

COMBINATION SERIES 2

1. Player 1 passes to player 2.
2. Player 2 then passes to player 3.
3. Player 3 returns the ball to player 1.
4. Player 1 lays off a ball into space for player 3 to hit a first time shot on goal.

Variations

- Switch sides the players shoot so players are shooting left and right footed.
- Be creative and make up other combinations as they are limitless.

Coaching Points

Coaches, focus on the following:

1. Good passing combination to feet while playing in 1 touch.
2. Good fluid movement keeping the body under control
3. Finishing with a shot on target.
4. Focus on body mechanics when striking the shot.